




























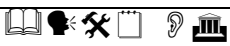

# UNION COUNTY NUTRITION PROGRAMS








Program Name:	Senior Contact
Agency/Institution:	Atlantic Health System
Address:	Mountainside Hospital, 1 Bay Ave., Montclair, NJ 07042
County:	Essex, Summit, Passaic, Morris
Phone:	(973) 429-6847
Focus:	
Services:	       
Population served:	
Funded by:	
Fees & Charges:	
Other information:	Senior Meal Program


<b>Program Name:</b>	<b>Plainfield Coalition Healthy Adolescent Program</b>
Agency/Institution:	Plainfield Coalition
Address:	1700-58 Myrtle Ave., Plainfield, NJ 07063-1038
County:	Union
Phone:	(908) 753-6401
Focus:	To decrease the risk taking behavior of teen pregnancy, violence, and provide Safe Havens by exposing the Youth of Plainfield Public Schools to appropriate eating habits, physical activities, medical checkups and alternative social behaviors that are safer choices.
Services:	     
Population served:	 
Funded by:	State of New Jersey
Fees & Charges:	
Other information:	

<b>Program Name:</b>	<b>Senior Nutrition Program</b>
Agency/Institution:	Union County Division on Aging
Address:	Administration Building, 4 <sup>th</sup> Floor, Elizabethtown Plaza, Elizabeth, NJ 07207
County:	Union
Phone:	(908) 527-4877
Focus:	To provide nutritious meals and services which are designed to promote the independence, dignity, health and well-being of participants.
Services:	
Population served:	
Funded by:	State and Federal
Fees & Charges:	None
Other information:	Nutrition information provided for cancer patients/survivors.

<b>Program Name:</b>	<b>Union County Mobile Wellness Center</b>
Agency/Institution:	Union County Mobile Wellness Center
Address:	UC Community Health Services- Runnells Specialized Hospital 40 Watchung Way Berkeley Heights, NJ 07922
County:	Union
Phone:	(908) 771-5726
Focus:	Provide wellness information and health screenings to Union County residents.
Services:	    5
Population served:	   
Funded by:	County
Fees & Charges:	No
Other information:	Health fairs

<b>Program Name:</b>	<b>Plainfield Coalition Healthy Adolescent Program</b>
Agency/Institution:	Plainfield Coalition
Address:	1700-58 Myrtle Ave., Plainfield, NJ 07063-1038
County:	Union
Phone:	(908) 753-6401
Focus:	To expose the youth to appropriate eating habits, physical activities, medical check-ups and alternative social behaviors.
Services:	
Population served:	
Funded by:	State of New Jersey & external grants
Fees & Charges:	None
Other information:	

<b>Program Name:</b>	<b>Elizabeth Project LEAP Program</b>
Agency/Institution:	City of Elizabeth, Project LEAP Program
Address:	50 Winfield Scott Plaza, Elizabeth, NJ 07201
County:	Union
Phone:	(908) 820-4051
Focus:	
Services:	     
Population served:	
Funded by:	
Fees & Charges:	None
Other information:	





<b>Program Name:</b>	<b>Cardiovascular Risk Reduction, Take Your Health to Heart Annual Cardiac Health Fair</b>
Agency/Institution:	Overlook Hospital, Atlantic Health System
Address:	99 Beauvoir Ave., Summit, NJ 07902-0220
County:	Union
Phone:	(908) 522-5355
Focus:	
Services:	
Population served:	Adults
Funded by:	
Fees & Charges:	
Other information:	









<b>Program Name:</b>	<b>Pro-Kids</b>
Agency/Institution:	Overlook Hospital, Atlantic Health System
Address:	99 Beauvoir Ave., Summit, NJ 07902-0220
County:	Union
Phone:	(908) 522-5355
Focus:	
Services:	📖 🧠 ⚙️ 📅 🦻 ❤️ 🎧
Population served:	🚲
Funded by:	
Fees & Charges:	
Other information:	Grades 1-8












# UNION COUNTY









## PHYSICAL ACTIVITY PROGRAMS



Program Name:	Senior Contact
Agency/Institution:	Atlantic Health System
Address:	Mountainside Hospital, 1 Bay Ave., Montclair, NJ 07042
County:	Essex, Summit, Passaic, Morris
Phone:	(973) 429-6847
Focus:	To educate people on how to live with Arthritis and be assertive about your healthcare.
Services:	  
Population served:	Adults over 40, 
Funded by:	Atlantic Health System and the State of New Jersey
Fees & Charges:	None
Other information:	Sponsor and facilitate PACE and WET Arthritis self-help courses; information for cancer patients/survivors

<b>Program Name:</b>	<b>City of Elizabeth, Office of Youth, SOAR After-School Programs</b>
Agency/Institution:	City of Elizabeth, Project LEAP Program
Address:	50 Winfield Scott Plaza, Elizabeth, NJ 07201
County:	Union
Phone:	(908) 820-4051
Focus:	
Services:	      
Population served:	
Funded by:	None
Fees & Charges:	
Other information:	Organized water sports, hiking, dancing and walking.

<b>Program Name:</b>	<b>Cardiovascular Risk Reduction, Take Your Health to Heart Annual Cardiac Health Fair</b>
Agency/Institution:	Overlook Hospital, Atlantic Health System
Address:	99 Beauvoir Ave., Summit, NJ 07902-0220
County:	Union
Phone:	(908) 522-5355
Focus:	
Services:	      
Population served:	Adults
Funded by:	
Fees & Charges:	
Other information:	

<b>Program Name:</b>	<b>Plainfield Coalition Healthy Adolescent Pgm.</b>
Agency/Institution:	Plainfield Coalition
Address:	1700-58 Myrtle Ave., Plainfield, NJ 07063
County:	Union
Phone:	(908) 753-6401
Focus:	To decrease teen pregnancy, violence, and provide Safe Havens by exposing the Youth of Plainfield Public Schools to appropriate eating habits, physical activities, medical checkups and alternative social behaviors.
Services:	
Population served:	
Funded by:	State of New Jersey and external grants
Fees & Charges:	None
Other information:	Peer educators, Freedom School

Program Name:	Pro-Kids
Agency/Institution:	Overlook Hospital, Atlantic Health System
Address:	99 Beauvoir Ave., Summit, NJ 07902-0220
County:	Union
Phone:	(908) 522-5355
Focus:	
Services:	      
Population served:	
Funded by:	
Fees & Charges:	
Other information:	Grades 1-8

<b>Program Name:</b>	<b>Union County Mobile Wellness Center</b>
Agency/Institution:	Union County Mobile Wellness Center
Address:	UC Community Health Services, Runnells Specialized Hospital, 40 Watchung Way Berkeley Heights, NJ 07922
County:	Union
Phone:	(908) 771-5726
Focus:	Provide health information to residents of 21 towns in Union County. Some of the information stresses physical activity.
Services:	
Population served:	
Funded by:	County
Fees & Charges:	None
Other information:	Health Fairs